

# REFRESH

## KITCHEN & BAR

### BREAKFAST (served until 11 am)

<b>The Kokanee</b> 2 eggs, hash browns, bacon, ham, or house-made sausage & choice of toast	18	<b>Omelet</b> 3 egg omelet with choice of bacon, ham or sausage, mushrooms, tomato & cheddar with hash browns & toast	19
<b>Buttermilk Pancakes</b> Three golden pancakes served with butter and pancake syrup topped with whipped cream	13	<b>French Toast</b> topped with fruit preserves & whipped cream	14
<b>Oatmeal</b> Choice of Vanilla-cinnamon Cream or Berries and Yoghurt	12	<b>Fruit bowl</b> Selection of fresh fruit, with house-made granola, creamy yoghurt & preserves	12
<b>Feta &amp; Avocado Smash</b> On sourdough toast with a poached egg with salad or hashbrowns	15		

### SKILLETS

<b>The Carnivore</b> Bacon, sausage, ham, tomatoes, pan fries, smoked gouda & green onion topped with an over-easy egg, served in a cast iron skillet	20	<b>Woods Benny</b> House-made sausage patty, tomato, poached egg & hollandaise sauce	20
<b>Shroom Skillet</b> Portobello mushroom, fresh basil, fresh spinach, pan fries, cheese curds topped with an over-easy egg, served in a cast iron skillet	19	<b>Florentine</b> Creamy spinach & basil, smoked gouda, poached egg & hollandaise sauce	20

### ON THE SIDE

House-made sausage, ham, or bacon	6
Toast: Multigrain, white, or marble rye	4.5
Strawberry-orange preserve	4
Small bowl of fruit	6
One egg	3.5
Hash browns	4

### BENNIES Served with a side of hash browns

<b>Woods Benny</b> House-made sausage patty, tomato, poached egg & hollandaise sauce	20
<b>Florentine</b> Creamy spinach & basil, smoked gouda, poached egg & hollandaise sauce	20

### ON THE RUN Almost Tee Time?

Eagle Eye (served on an English muffin)	8
Fried Egg Sandwich cheese & mayo	8

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### APPETIZERS

<b>Garlic Knots</b> Garlic butter & parmesan knots of pizza dough served with marinara dip	12	<b>Sambuca Prawns</b> Prawns flamed with Sambuca, with tomato, feta & garlic butter	17
<b>Gyoza</b> Asian pork dumplings, pan-fried & steamed; with tamari & vinegar dip	15	<b>Wings</b> <u>Choice of:</u> Hot, sweet Thai Chili, Korean sweet & hot, Kansas City BBQ sauce, or Salt & Pepper	19
<b>Bang-Bang Cauliflower</b> Crispy Cauliflower florets, tossed in a hot & smoky sauce with cooling ranch dip	17	<b>Spring Rolls</b> Crisp veggie spring rolls served with a sweet chili sauce	11
<b>Soup of the Day</b>	8		

### PUB FOOD

<b>Chicken Strips</b> With Fries & honey-mustard dip	17	<b>Salt &amp; Pepper Dry Ribs</b> With house-made ranch	12
<b>Poutine</b> Cheese curds & house made gravy	15	<b>Yam Fries</b> Served with chipotle mayo	11
<b>Parmesan Fries</b> Tossed with Grana Padano served with marinara dip	11	<b>Fries</b>	8
		<b>Onion Rings</b>	10

### ...AND SALADS

<b>Harvest Green</b> Tomatoes, cucumbers, roasted sunflower seeds with shredded carrots & beets, served over salad greens, choice of Balsamic, Ranch or Green Goddess dressing	S:6 L:11	<b>Caesar</b> Our version, with romaine lettuce, Caesar dressing, shredded parmesan, & house-made croutons	14
<b>The Beetdown</b> Roasted beets, goat's cheese, cucumbers, toasted sunflower & pumpkin seeds served over salad greens with a honey-Dijon apple cider vinaigrette	13	<b>Taco Salad</b> Spiced beef, avocado, tomatoes, black beans, cheddar, tortilla chips, salad greens, Ranch, salsa, & sour cream	15

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### SANDWICHES & WRAPS (available until 4 pm)

<b>Sirloin Steak Sandwich (8oz)</b> 29 Served on grilled garlic bread, with onion rings & choice of side	<b>Smoked Turkey Club Wrap</b> 20 House-smoked turkey breast, bacon, tomato, lettuce, cheddar & garlic aioli in a flour tortilla, choice of side
<b>Beef Po'Boy</b> 20 Braised beef brisket in cajun gravy, with roast garlic mayo, lettuce tomato and pickles	<b>Chicken Wrap</b> 19 Chicken breast, brie, strawberry-orange compote, lettuce & chipotle mayo in a flour tortilla, choice of side
<b>Green Chile Grilled Cheese</b> 18 Cheddar and smoked Gouda cheese, and a green chilli and herb sauce in griddled buttered French bread- marinara dip	<b>Buffalo Chicken Grilled Cheese</b> 20 Cheddar cheese & buffalo sauced chicken tenders in griddled buttered French bread

### BURGERS (all day)

<b>Classic Cheeseburger</b> 21 Charbroiled chuck & brisket burger, cheddar cheese, lettuce, tomatoes, pickles & onion with our burger sauce on a brioche bun	<b>Smoke &amp; Spice Burger</b> 22 Charbroiled chuck & brisket burger, smoked gouda cheese, banana peppers, bacon, lettuce, tomatoes, pickles & onion with chipotle mayonnaise on a brioche bun
<b>Albatross</b> 21 Crispy, panko-breaded chicken breast, creole slaw, lettuce, tomato & homemade ranch on a brioche bun (for a healthier option, try with a grilled chicken breast)	<b>Masala Veggie Burger</b> 19 House-made spiced potato patty, (with carrot cauliflower, and peas) lettuce, tomato, lemon pickle mayo & sriracha ketchup on brioche bun

### ON THE SIDE

Fries OR mixed greens -	Onion Rings 3.5
Caesar Salad 2	Poutine 5
Yam Fries 2.5	Soup 2

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### DINNER

#### BOWLS

**Prawn Bowl** 26  
Sautéed prawns, spinach, red peppers, sugar snap peas, warm sushi rice with sesame soy dressing

**Vietnamese Chicken Bowl** 25  
Garlic & black pepper chicken, sushi rice, cucumbers, slaw, fresh herbs, and crispy onions with Nuoc Cham dressing (fish sauce, lime, chilies & garlic – classic hot-sour-salty-sweet)

**Katsu** 27  
Japanese-style crispy breaded chicken cutlet, sushi rice, snap peas, red peppers & miso tonkatsu sauce

**Gobi Manchurian** 24  
Battered cauliflower in a sweet, sour & hot sauce with spinach & sushi rice

#### NACHOS

Tortilla chips baked with loads of cheddar, banana peppers, olives and tomatoes served with sour cream & salsa 20

#### MAINS

**Pork Schnitzel** 27  
Breaded pork tenderloin cutlet, served with a lemon wedge or Hunter sauce (mushroom gravy); house-made spätzle & daily vegetables

**New York Strip Steak** 45  
10-ounce cut, charbroiled to your liking served with daily vegetables & choice of rice or potato of the day

**St. Louis Style Pork Ribs** 30  
Smoked and slow cooked served in Kansas City style BBQ sauce served with daily vegetables & a choice of rice or potato of the day

**Lamb Shank** 35  
Rosemary, roasted garlic, red wine, and tomato braised lamb shank served with daily vegetables & choice of rice or potato of the day

**Sockeye Salmon Filet** 36  
Roasted red pepper cream sauce with spinach & basil, served with daily vegetables & choice of rice or potato of the day

**Indian Butter Chicken** 28  
Creamy, slow-cooked chicken thigh with aromatic spices, ginger, garlic & herbs, served with rice, naan bread, & mango chutney

**Chef's Homemade Meatloaf** 28  
Bacon-wrapped meatloaf served with gravy, or Hunter's sauce (\$1) served with daily vegetables & choice of rice or potato of the day

**Sirloin Steak Sandwich (8oz)** 29  
Served on grilled garlic bread, with onion rings & choice of side

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### PASTA

<b>Penne Mediterranean</b>	23	<b>Tagliatelle Meatballs</b>	26
Spinach, avocado, sundried tomato, olives & basil pesto with asiago cheese		Traditional beef & pork meatballs in tomato sauce served on tagliatelle pasta & topped with grated padano parmesan	
<b>Beef Stroganoff</b>	28	<b>Chicken Parmesan</b>	26
Tender beef, mushrooms, demi-glace, sour cream on tagliatelle noodles with pickles & dill		Crispy breaded chicken breast topped with mozzarella & parmesan on penne pasta served with our tomato sauce	
<b>Ravioli</b>	28		
Roast mushroom cheese ravioli with parmesan cream sauce, roasted garlic and fresh rosemary & parmesan cheese			

### WOOD OVEN PIZZA

**Each pizza is made with our slow-fermented dough, our signature sauce, & high-quality mozzarella**

<b>Chicken Pesto</b>	22	<b>Pepperoni Power</b>	20
Roasted chicken, aglio basil pesto & tomato sauce, spinach & goat's cheese		Loads of dry cured pepperoni, mozzarella & parmesan cheese	
<b>California</b>	21	<b>Hot Hawaiian</b>	21
Spinach, roasted red peppers, fresh basil, banana peppers & goat's cheese		Capicola ham, pineapple, banana peppers, cheddar & mozzarella cheese	
<b>Italian</b>	21	<b>Big Cheese</b>	18
Italian sausage & prosciutto, green olives & sundried tomatoes, a dusting of chili flakes		Double cheese on our signature tomato sauce to have as is or topped as you like	
<b>Prosciutto &amp; Arugula</b>	22	<b>Fun-Guy</b>	20
Pizza sauce, thinly sliced Prosciutto, fresh arugula, mozzarella & parmesan cheese		Roasted Portobello mushrooms, spinach & basil, with cream sauce & mozzarella & parmesan cheese	
<b>Green Giant</b>	21	<b>Salami Diavolo</b>	21
Aglio pesto, spinach, avocado, green olive, parmesan & mozzarella		Calabrese salami, roasted jalapeno, green olive, mozzarella, and parmesan drizzle of hot honey	

### ADD TO ANY

Pepperoni Prosciutto Chicken	3.5	Green olives Black olives Red peppers	2.5
Italian sausage Spicy salami Ham		Pineapple Sundried tomatoes Hot honey	
Basil			

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### DESSERTS

#### THE SWEET LIFE

Raspberry Crème Brûlée	9
Carrot Cake with cream cheese icing	8
Chocolate-Caramel Pecan Cheesecake	9

#### ICE CREAM BOWLS

French Vanilla Bean Flake	5
Chocolate	5
Salty Caramel	6

### AFTER HOTS

<b>Irish Coffee</b> Irish whiskey, hot coffee (regular or decaf) & sugar, topped with whipped cream	8
<b>Mexican Coffee</b> Kahlua & tequila with hot coffee (regular or decaf) topped with whipped cream	8
<b>Amaretto Coffee</b> Amaretto & hot coffee (regular or decaf) topped with whipped cream & a dusting of cinnamon	8

<b>Monte Cristo Coffee</b> Kahlua & Grand Marnier with hot coffee (regular or decaf) topped with whipped cream	9
<b>Blueberry Tea</b> Amaretto & Grand Marnier served with orange pekoe tea	8
<b>Peppermint Hot Chocolate</b> Baileys & peppermint schnapps with hot chocolate, topped with whipped cream & chocolate sauce	8